

# ACCELERATE YOUR DELIVERY WITH SYSTEMS THINKING AND THEORY OF CONSTRAINTS - TRAINING FACTSHEET

## Why Should you go on this Course?

Feeling stuck? Frustrated by recurring problems that slow your team down? This hands-on, interactive course will equip you with powerful tools and techniques to tackle bottlenecks, improve efficiency, and drive meaningful change in your software delivery, product development, or organisational processes.

In this course, you'll learn practical approaches from Lean, Systems Thinking and the Theory of Constraints (TOC) to:

- Pinpoint root causes using current reality trees
- Identify critical bottlenecks with the 5 Focusing Steps
- Eliminate friction and accelerate flow using Lean principles
- Help your team to continually improve



## What will you Learn?

By the end of this course, you'll be able to:

- **Understand Complexity:** Describe the characteristics of complex adaptive systems.
- **Find the Root Cause:** Apply proven techniques to identify the root cause of problems in your team or organisation.
- **Map Your Process:** Create a value stream map that visualises your end-to-end process.
- **Spot the Bottleneck:** Identify the constraint (bottleneck) that's limiting your flow.
- **Facilitate Continuous Improvement:** Lead effective improvement sessions that enable your team to improve.

## Who is this course for?

This course is ideal for anyone who has an interest in improving their business processes, software delivery, product development or operational processes, including:

- Team leads, product managers and delivery managers who want to improve their processes.
- Agile coaches, Scrum Masters, facilitators and team members eager to build more effective teams.
- Operations professionals looking to streamline workflows and boost efficiency.

No prior experience is required - just a desire to learn and improve!



## Here's what to expect:

- **Duration:** 4 hours, including three 10-minute breaks.
- **Delivery Options:** Available in person or online via Zoom or MS Teams, with Miro for collaboration.
- **Group Work:** You'll apply the concepts in small groups, ensuring you get real-world practice.
- **Materials:** Receive PDFs of the course slides and handouts.
- **Follow-Up Support:** Optional group coaching sessions to help you implement what you've learned.
- **Maximum attendees:** 12 participants to ensure a rich, interactive experience.

This is a highly engaging, interactive training course designed for active participation. Join us in person or remotely, to learn new concepts with your [experienced trainers](#), collaborate with other attendees and get hands-on practice with the techniques.

## Next Steps:

Ready to get started? To receive a free, no-obligation quote or discuss available dates [contact us](#), today.

